

LEFT TURN SOLUTIONS

When things aren't going right, turn left

Training in the Solution Focused Approach

- For therapy & clinical settings, corporate organisations and educational environments.
- For any situation where people want change but are not sure how to go about it.

Left Turn offers **three core workshops** on the Solution Focused approach covering introductory, intermediate and advanced techniques.

The Solution Focused Approach is easy to learn and apply - you don't need a master's degree!

Our training is conducted in person or online in small, intimate and interactive groups of up to 20 people.

Workshops can also be tailored to suit your training needs on topics such as mental health, suicide prevention, teamwork, and communication.

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