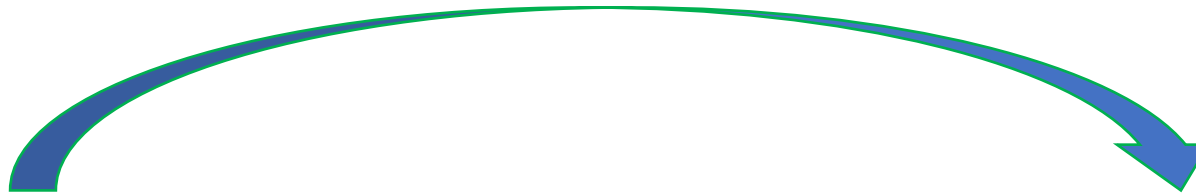


# The Left Turn ABCD model for “better”

*Moving from where you are, to where you want to be*



The problem is over here – Don't look back!!!

<p style="text-align: center;"><b>A</b></p> <p style="text-align: center;">Where <b>A</b>re you?</p>	<p style="text-align: center;"><b>C</b></p> <p style="text-align: center;"><b>C</b>urrency <b>C</b>onnections <b>C</b>oping</p>	<p style="text-align: center;"><b>D</b></p> <p style="text-align: center;"><b>D</b>oing</p>	<p style="text-align: center;"><b>B</b></p> <p style="text-align: center;">Where do you want to <b>B</b>e?</p>	<p>Feedback, affirmations, next steps</p>
<p>The starting place Transforming a problem into a goal/possibility Common project Changing your perspective Considering the context Stating an objective</p>	<p>Making use of what's already there Skills, resources, and strengths What's already going well Prior successes When it could have gone bad, but didn't Existing relationships – family, friends, team, clients, anyone</p>	<p>Scaling questions Small steps – what's next? K.I.S.S. – staying on the surface If it works – keep doing it If it doesn't work – try something else Language</p>	<p>Your preferred future Possibilities (present &amp; future) Meaning &amp; purpose Simple &amp; clear description of what “better” would be like:</p> <ul style="list-style-type: none"> <li>• What you are doing differently</li> <li>• What you will notice</li> <li>• What others will notice</li> </ul>	